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# Dad's Guide To Twins: How To Survive The Twin Pregnancy And Prepare For Your Twins



## Synopsis

Essential Survival Tips Every Expectant Father of Twins Needs If you are an expectant twin dad wondering what your twin pregnancy and future holds, help is on the way... When you find out that you are expecting twins, you are in total shock. Your mind races with a million questions and you start to stress out about what to do to get ready. This guide will help you be prepared and ready to tackle life the next several months without having to wade through a lengthy book you don't have time to read. It is perfect for the expectant twin dad whether your twins are your first and second children or ninth and tenth. Read this guide and you'll uncover money-saving tips, understand your preparation options, and eliminate common surprises that accompany every twin pregnancy and the early days of newborn twins. Money and finances are some of the most common concerns of parents expecting twins. This book covers: answers to "How am I going to pay for all of this?" recommended twin supplies and gear: what you should get and what you don't need how to get cheap (and free) baby formula and supplies for your twins Having twins isn't easy. When you know what to expect, things go a lot smoother. Get this book for: real-life twin dad experiences that you can learn from valuable mindsets to help conquer the overwhelm of twins brutal challenges twin dads must face happy things to look forward to nagging frustrations that you can minimize or avoid the reality of surviving the twin pregnancy Preparing your family is an essential part of preparing for twins. You'll see: how to prepare your kids for their twin siblings' arrival tips for keeping your marriage relationship solid preparations you must make for your newborn twins Being pregnant with twins is full of health risks and specialized medical care. Get a peak into what you could experience with your twins: navigating the logistics of prenatal twin visits and ultrasounds twin-to-twin transfusion syndrome (TTTS), preeclampsia, and other complications types of twins and what it means to your twin pregnancy how to survive bed rest during the twin pregnancy what to expect with a twin delivery delivering twins via c-section NICU time for your newborn twins After reading this guide, you'll be informed, cool, calm, and collected and ready for the challenge ahead. Implement my tips and you, your family, and home will be prepared for your twins' arrival. Scroll up, click the buy button & start getting ready for your twins today!

## Book Information

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## Customer Reviews

This is a great option if you're looking for a straightforward and practical GUIDE to prepping for twins. I emphasize "guide" because it truly reads like a guide or instruction manual; so if you're looking for literary prose, then look elsewhere. I personally love the way it's written, because it gets to the point and easy to find what you're looking for without wading through dense paragraphs of filler material. There are some genuinely helpful recommendations in the book. And yes, there are also some recommendations that fall into the category of common sense; personally, I found it comforting to discover that at least I wasn't totally clueless about what to expect/how to prepare. On the whole, I would recommend this book because of its supportive tone and tips. The author seems like a great guy; he also has a podcast, blog, and will take the time to write you back if you email him. He seems like he genuinely wants you to have the benefit of his experiences.

A Great Read!! managed to read through this book in about two days. It has a lot of very practical information in it to prepare you for twins. We are still 5 months away (hopefully) from the arrival of our twins, so I really can't say if the tips are true, but I definitely feel more empowered with knowledge after reading this book. One note: This is mostly about preparing you for the arrival of twins and how to "survive" the PREGNANCY of twins, NOT a plan of how to ensure the healthy development of the twins in utero. What I mean is that this book is not intended to guide you through some of the more specific health challenges and requirements that come with a multiples pregnancy. The author fully discloses that he is not a doctor, so if you are looking for a more "medical" or "scientific" read, you will have to look elsewhere. Try "When You're Expecting Twins, Triplets or Quads: Proven Guidelines for a Healthy Multiple Pregnancy" B003V1WTXQ , which is what I am in the process of reading right now. Either way, this is a great book and I would definitely recommend it to most dads-to-be, but definitely if you are expecting twins!

This book was very helpful to a first time parent expecting towns. It is an easy read and informative.

In addition, based on the way it is written I can use it as a reference point throughout the pregnancy and births. To top it off, I was able to sign up for an newsletter from the author with continued updates and info. I have found the author, Joe, to be accessible and extremely helpful. Any father of twins - keep this book in your toolbox.

The things that stuck with me most in this book were two things: 1. The Mom's job is to rest as much as possible. 2. The Dad's job is to make sure Mom does her job. Seriously, this is what I would tell myself every day of the pregnancy. Our twins were carried to full term and spent the night in our room starting at day one.

This book has been very helpful in alleviating some of the anxiety accompanied with finding out you're having twins. It's full of little tips that have helped with the pregnancy. Not to mention the author contacted me himself and seemed honestly interested in our story.

I love that the author is a DAD with lots of knowledge and experience in this subject! so If you want your husband to be included, this is a great option for reading together. It has excellent information and it is written from a guy, husband, loving father perspective! The information he has provided has helped me so much during my pregnancy and along the way with my twins! I really recommend it!

I really liked reading this book. It was short and sweet and I feel like it gave me some good background info when my twins were on the way. My wife is a genius with babies, and I...am not. This book helped me actually contribute to the conversation.

I am the mom haha I read the entire thing and it is much better written than the books for twin parenthood dedicated to mothers. Now if I can only get my husband to read it haha. May be you should look into making a movie version for it so dads can watch it while having a beer after work. Otherwise great book. Thanks for writing it for us- future twin parents.

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